

**Miramar College
and
The San Diego Regional Lifeguard Training Program
Presents**

COURSE TITLE: American Red Cross Emergency Response

(CPR for the Professional Rescuer included - 2004)

UNITS: 1.5 Course # FIPT 309A

Course Description: This 48-hour introductory course involves lecture and skills training for those individuals who have a duty to respond in emergency situations (first responders). Course involves training in knowledge and skills necessary to sustain life, reduce pain, and minimize the consequences of injury or sudden illness.

CERTIFICATIONS: Emergency Response certification valid for three years, CPR for the Professional Rescuer (valid for one year), AED Essentials (valid for one year), Oxygen Administration for the Professional Rescuer (valid for one year), and Preventing Disease Transmission (blood borne pathogens). This course is consistent with the U.S. Department of Transportation (DOT) first responder curriculum and exceeds the requirements of the California Health and Safety Code (Title 22).

COURSE DATES, TIMES AND LOCATIONS

Session 1 - Early Spring Course

March 8, 9, 10, 11, 12, 15, 16, 17, 18, 19, 22, and 23, 2003

Session 2 - Late Spring Course

April 12, 13, 14, 15, 16, 19, 20, 21, 22, 23, 26, and 27, 2003

Session 1 and 2 - Class from 6:00 p.m. to 10:00 p.m. Classes meet at the Regional Training Facility at Camp Nimitz/NTC, Building 608, Room#1.

HOW TO ENROLL

Step 1 - APPLICATION AND ENROLLMENT

Fill out application and receive enrollment date at Miramar College Admissions Office, 10440 Black Mountain Road, San Diego, CA, 92126 or call (619) 388-7844. For recorded information on lifeguard classes, call (619) 388-7800 or via the Internet address: www.miramar.sdccd.net. Students may apply at other San Diego Community College District campuses: City College, 1313 Twelfth Avenue, (619) 230-2475; Mesa College, 7250 Mesa College Drive, (858) 627-2682; or Educational Cultural Complex, 4343 Ocean View Boulevard, (619) 527-5275.

Step 2 - ATTEND COURSE

Attend first day of class. Books, pocket mask, and certification fee due first day of class.

COURSE COSTS

(This fee is subject to legislative and gubernatorial action and may change without notice)

American Red Cross Emergency Response

Tuition*	\$16.50 (1.5 units)
Health Insurance	\$2.50
Books, Pocket Mask, & Certification Fee	<u>\$78.00</u>

Total Course Cost: \$97.00 NOTE: Tuition waived for California High School students.

*Tuition costs for non-California residents is \$149.00/unit, in addition to normal \$11.00/unit Tuition and \$2.50 Health Insurance

TOTAL Non-California Resident Cost \$320.50 (This fee is subject to legislative and gubernatorial action and may change without notice)

JOBS AVAILABLE

"A Challenging Career Opportunity" Individuals who successfully complete "Introduction to Open Water Lifeguarding" and who possess an "American Red Cross Emergency Response" or equivalent certification are eligible to apply with the following participating lifeguard agencies: **Camp Pendleton, Coronado, Encinitas, Imperial Beach, North Island, San Diego, Solana Beach.**

Note: Each agency has their own employment requirements that may involve additional physical fitness tests, medical examinations, drug screening, vision and hearing tests, possession of a valid California Driver's License, a legal right to work in the United States, etc.

Completion of this course does not guarantee employment. Provisions of this bulletin do not constitute an expressed or implied contract.

For Job and Employment Information Contact:

Camp Pendleton-	Lt. Eric Flakoll (760) 725-2703	North Island-	Capt. Jason Lindquist (619) 767-7824
Coronado -	Capt.. Sean Carey (619) 522-7346	San Diego-	Lois LaChusa (619) 221-8844
Encinitas -	Capt. Larry Giles (760) 633-2750	Solana Beach-	Capt. Craig Miller (858) 755-1569
Imperial Beach-	Capt. Robert Stabelow (619) 423-0208		

FOR FURTHER INFORMATION ON LIFEGUARD RELATED CLASSES, CALL MIRAMAR COLLEGE'S RECORDED INFORMATION #(619) 388-7800.